

Carroll County Veterans Coalition

February 27, 2024

Minutes



1. Round table introductions
 - a. Name and organization.
 - b. Please explain a little bit about what you do.
 - c. Anything you want us to know?

Name	Organization	Title	Email	Phone
Jennifer Walton	Ossipee VFW Post 8270	Quartermaster	jendelion@gmail.com	619-384-2135
Donald Olsen	TERRA Equine Therapy Center	Clinical Director	dolsen@terraetc.org	603-487-6745
Paula Roby-Palmer	NH Senior Companion Program	Senior Companion Coordinator	proby-palmer@capbm.org	603-225-3295 x 1184
Ann Cady		Minister and retired therapist	revmrskd@aol.com	
Nicole Frisella	Manchester VA	Coordinated Entry Specialist	Nicole.frisella@va.gov	603-657-4499
Dan Bricker	Manchester VA	Homeless Outreach Social Worker	Daniel.bricker@va.gov	603-722-1195
Ed Currier	Clear Path for Veterans New England		ecurrier@clearpathne.org	978-504-0810
Jen Thomas	C3PH	Suicide and Substance Misuse Prevention Coordinator	Jennifer.thomas@graniteuw.org	603-515-6544
Emily McArdle	C3PH	Young Adult Outreach	U25carrollcounty@outlook.com	

- d. Any pertinent updates?
 - i. Ed Currier- Clear Path for Veterans New England in Manchester NH.
Works to help homeless veterans by providing financial support for housing stabilization, housing prevention, and rapid housing for homeless veterans, through a VA funded grant.

- ii. Nicole Frisella- Coordinated Entry Specialist for homeless services at the Manchester VA- supports homeless team and works with the state, COCs, and coalitions.
- iii. Dan Bricker- Homeless Outreach Social Worker at Manchester VA, in this group to network and ensure people know to reach out to him if they know of any veterans experiencing homelessness. He covers up to Carroll County, north of that and the exterior counties (Coos, Sullivan, and Grafton counties) are covered by White River Junction VA.
- iv. Ann Cady- Veteran, retired counselor, and local minister. Part of this group because currently looking for where to give time and help organizations.
- v. Paula Roby-Palmer- Coordinator for NH Senior Companion program. The program matches volunteers aged 55+ with homebound seniors who are 55+ and the program would like to have more veteran volunteers matched with homebound veterans. Currently, they have one companion available in Ossipee and they also have one veteran companion in Concord which has been going well. If the senior can't leave the home, then companions do things in their home like games, movies, etc. and if the senior can leave the home, companions can go to the grocery store, appointments, or social outings with them. It is a federally funded program and is free except if they leave the house, it's 37 cents per mile. Volunteers get \$4/hour stipend and are reimbursed for milage. Doesn't currently offer suicide prevention training.
- vi. Donald Olsen- Clinical Director at TERRA, army veteran, looking to reach veterans in the area and coordinate services. TERRA is focusing primarily on mental health plus some horsemanship skills.
- vii. Jennifer Walton- 24-year active navy veteran, quartermaster of Ossipee VFW Post 8270, husband, Mark Allen, is the commander. The VFW is in desperate need of more members (talking about possibly having to shut down), please reach out to her or Mark if you know of anyone who is interested (must be a veteran of a foreign war and individuals who were stationed in Korea for 30+ days are eligible).

1. Contact info: Ossipee VFW Post 8270:
Mark Allen: 781-831-0629
Jennifer Walton: 619-384-2135

2. Questions to consider:

- i. What do you want to get out of this group?
- ii. What do you want to see happen in the next year?
- iii. Define and expand on what you see as “follow up/follow through.”
 1. Providers?
 2. Other services?

3. How are you feeling about what we set out to do?

- a. Feedback on meeting objectives
- b. Corrections steps if needed.
- c. Any other organizations/people you want to come to this meeting? What would be useful? Other trainings?
- d. Ed Currier- Interested in reaching out/inviting housing providers- e.g. landlords, people who own campgrounds, management groups that run ski chalets, etc. to discuss temporary housing in the summer for veterans. Jen T. will reach out to housing providers to discuss.
 - i. Ann Cady- Reach out to Way Station- Provides services to those who are unhoused. <https://www.waystationnh.org/> 603-452-7113
- e. Discussion about bringing back a Stand Down to Carroll County- had previously had mini pop up Stand Down in Carroll County before Covid. Stand Downs are one stop shops for homeless veterans- typically have court system services to clear tickets, VA with services, showers, meals, dental services, haircuts, tents for people to sleep in- as many different community providers as possible, all by donation. Jen T. will also talk to the Way Station about a Stand Down. Donald and Nicole are also interested in a Stand Down.
- f. Donald Olsen- Interested in having a speaker come who has more info about being a community provider and getting that funding. Ed can put him in contact

with someone with more info and Jen T. can reach out to Justin Moeling for help with that. TERRA is also participating in a peer-to-peer fundraising campaign, Seen Through Horses, a grassroots funding campaign in May for Mental Health Awareness Month. Encouraging people to participate in programs of their choice- e.g. funds can be earmarked for veteran programs. If anyone is interested, reach out, there is fundraising training involved, he will put together a flyer and send it to Jen T. to share with the group.

- g. Jen T.- Talking to Swim with a Mission, was invited to see their Franklin Campus, and was invited to go on their radio show. Also meeting with the other Veterans Coalitions in the state and Swim with a Mission to talk about sustainability for the coalitions.
 - h. Email any flyers for info/resources to Jen T. to share with the group or if you have any other ideas/updates.
4. Plan of action for medical and behavioral health provider reach out.
- a. Pull up logic model.
 - b. Question ideas for the needs/barrier survey.
 - c. What to bring? Bring Resource Packets, anything else?
 - d. Brainstorm
5. Veteran Friendly Businesses
- a. Let Jen T. know if you know of any veteran friendly businesses or refer them to the websites below- DMAVS is trying to grow their veteran friendly businesses network. Jen T. will work on going out and bringing any businesses who apply info and resources/Resource Packets to let businesses know we're here to support them and that we have trainings available (possibly with someone from DMAVS).
 - b. If they want to seek the accreditation
 - i. <https://www.dmavs.nh.gov/nh-businesses-currently-recognized-veteran-friendly-practices>
 - c. Check out the ones already listed:

- i. <https://www.dmavs.nh.gov/sites/g/files/ehbemt401/files/inline-documents/sonh/current-vfb-list-11.16.2023-.pdf>

6. Kingswood Youth Center

- a. Pizza and planning party
 - i. March 6th 1545 hrs
 - ii. Looking to collaborate with them for something new.

7. Summit Updates

- a. Location -Adult Day Center
- b. May 4th, 2024 Saturday 1100 hrs
- c. Food
- d. Ideas for partners to table?
- e. Looking for partners to table, plus veterans, active military members, and families to attend. Open to anyone who would like to come (doesn't have to just be Carroll County residents). Please help spread the word and share the flyer!

8. Board development?

9. Resources/Trainings

- a. [Political determinants of health and their real-life impacts on Granite Staters to be addressed in upcoming Dartmouth Health educational series | News | Dartmouth Health \(dartmouth-health.org\)](#)
- b. [Chronic Disease Self-Management Program | Extension \(unh.edu\)](#)
- c. Lakes Region Veteran Coalition – Ski Day
 - i. Monday March 18th – 1130 hrs
 - ii. Gunstock Mountain
 - iii. Free to veterans
 - iv. FMI:
 - 1. info@lrvcnh.org or call 603-520-3989
- d. From NAMI NH and Suicide Prevention Council – Suicide Prevention Landscape for veterans in NH – Amy Cook
 - i. [NH Veteran Landscape Suicide Prevention 2024 \(1\).pdf](#)
- e. PACT Act Claims Clinic – April 16th 0900 at CBOC in Conway

- i. [202404 April 2024 VAMC Claims Clinic Conway_Publish.pdf](#)
[202404 April 2024 VAMC Claims Clinic Conway_Publish.pdf](#)
- f. Vouchers for Veterans
 - i. [Vouchers for Veterans - We feed Veterans in New Hampshire and Maine.](#)
- g. Webinar on Intimate Partner Violence –
 - i. Register here:
 - 1. [Webinar Registration - Zoom](#)