



## Carroll County Veterans Coalition

Agenda August 27<sup>th</sup>, 2024

Zoom Link <https://us02web.zoom.us/j/83587573574>

Tri-County CAP in Tamworth, NH

Name	Organization	Contact Information
Wiskers Haskell	North Conway AL Post 95	
Gary Bent	Clear Path NE	
Jen Thomas	C3PH/CCVC	
Justin Moeling	Manchester VA	
Donny Olsen	TERRA Equine Therapy	
Jim Ricker	Veteran's Inc.	
Dan Bricker	Manchester VA	
Alex Baer	Harborcare	

1. Round Table Introductions

2. Guest Speakers

a. Tye Thompson

- i. Northeast Passage – has 1:1 programming for veterans transitioning out of SUD care. Community Recreational Therapy
- ii. University of New Hampshire
- iii. 121 Technology Dr., Durham, NH 03824
- iv. Office (603) 862-6174
- v. Cell (603) 397-2009
- vi. [tye.thompson@unh.edu](mailto:tye.thompson@unh.edu)
- vii. <https://www.nepassage.org>

3. Partner Organization Updates



a. Alexandra Baer

i. Suicide Prevention Training

1. November 7<sup>th</sup> 1200
2. Location: Carroll County Adult Education in Tamworth, NH
3. For more information: [a.baer@harborcarenh.org](mailto:a.baer@harborcarenh.org)
4. Flyer included below and with emails

ii. Harbor Care Stand Down event

1. September 20<sup>th</sup> 1000 – 1400
2. Location: Eversource Energy Park, Manchester, NH
3. 43 Partners and resources for veterans!
4. FMI [a.baer@harborcarenh.org](mailto:a.baer@harborcarenh.org)
5. Dan has a van for the day and is already picking up veterans in Conway. Please call him if you need transportation 603.722.7795

4. CCVC Updates

a. BBQ

i. Feedback to improve

1. Too remote, possibly partner with other VSO's. Gary suggested the American Legion in Conway, they have the space and a lot of foot traffic
2. Timing was off, August many people are away. Some votes for weekdays, some for weekends.
3. Jim – perhaps trade off different locations each event: one north, on south.

b. Military Culture Training for Youth Servicing Organizations–

- i. September 17<sup>th</sup> at 1200 by Zoom-Flyer is below. Need some people to sign up so please share out to anyone who works with youth.



- ii. FMI email or call [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org) 603.515.6544
  - c. VA SAVE and CALM Training –
    - i. October 18 King Pine Ski Area, main lodge
    - ii. Registration flyer is below
    - iii. Please reach out to [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org) or call 603.515.6544 if interested.
  - d. Kingswood Youth Center and the veteran’s group at Green Mountain Treatment Center interested in doing a collaborative activity , fun one ie: Lego build off
  - e. New funding
  - f. Northeast Passage Information
    - i. [Northeast Passage | University of New Hampshire \(nepassage.org\)](http://nepassage.org)
- 5. To Do /Ideas/Brainstorming
  - a. Evaluate activities
    - i. Are we doing what we said we would do?
      - 1. Alex – making good connections and getting information out there
      - 2. General consensus is we are doing what we set out to do.
    - ii. What adjustments are needed?
      - 1. Alex
        - a. Would like a connection to Green Mountain Treatment Center
        - b. Jen will do a warm introduction by email.
  - b. Review Objectives – Not Completed
    - i. What is important to you or needs adjustment
  - c. Logic Model Review/Discussion – Military Youth Reachout



- i. Alex – concerning that she doesn’t get much feedback from local school districts. The one she works with doesn’t track youth connected to the military. Also, When Ask the Question is introduced, schools either don’t know it or don’t know what to do with the information after the ask. “No Connection” as to why ATQ is important or what to do with the information.
  - ii. Gary – One school in CC surveys staff and families about being in the military so they know what is going on and can provide supports.
  - iii. Justin- Upcoming workgroup for ATQ so can operationalize the information for community partners.
  - iv. Justin – Personalizing the ATQ information to community partners might be an idea.
  - v. Jim/Justin – Reach out to Teachers Association and PTO’s to get a feel for a SMVF who is already in a school who can help out raising awareness. A good built in connection.
  - vi. Alex- We need to make the information beneficial to Superintendents and School Administrators. How can it benefit them?
- d. What are areas of concern that you are seeing for SMVFs?
    - i. Not done
  - e. How can we get more engagement in meetings and activities?
    - i. Not done
  - f. Who should be at the table, but isn’t?
    - i. Not done
6. Action Plan – See below
7. Resources and/or Upcoming Activities



- a. American Legion Post 18- Veteran Muster
    - i. 2<sup>nd</sup> Wednesday of the Month at the Wright Museum in Wolfeboro
    - ii. From 1630 – 1730
    - iii. Variety of topics
  - b. [www.carrollcountyveteranscoalition.org](http://www.carrollcountyveteranscoalition.org)
  - c. [www.c3ph.org](http://www.c3ph.org)
8. General Feedback – Not Reviewed
- a. How are the logistics for you?
    - i. Time, format, information etc?
    - ii. Any changes we should consider?
  - b. Is a structured board feasible or necessary?
9. Close
- a. Thank you
  - b. Next meeting September 24<sup>th</sup> at 1000



## Action Plan

Objective action is tied to (see our Objectives)	Action	Who?	Resources needed	Progress (0-5 where 5 is complete)	Completion date goal	Evidence of action
1, 2	Connect Alex to Green Mountain Rally point	Jen	email	0	9.10.24	email
1, 2	Connect Dan to Tye	Jen	Email	0	9.10.24	email
1, 2	Let Green Mountain know about Stand down	Jen	Email/text	0	9.10.24	Email/text
1, 2	Make a connection to any PTO about military youth	Jen	PTO meeting	0	9.20.24	In person and documentation

### Objectives:

1. Increase mental health supports by addressing the needs iterated by veterans
2. Decrease social isolation for service members, veterans, and their families (SMVF)
3. Meet with stakeholders one time per month
4. Hold at least one event to raise awareness about veteran suicide
5. Conduct a Strengths, Weaknesses, Opportunities, and Threats (SWOT) analysis
6. Conduct at least one suicide prevention training to stakeholders
7. Facilitator of the coalition to attend statewide coalition member meeting
8. Assess needs, capacity, and objectives 6x per year and adjust as necessary





## PATH™ (Promoting Access, Transition & Health) FOR VETERANS

Northeast Passage PATH™ therapists use recreation-based interventions across a variety of settings to support skill building in the domains of self- development, meaningful connections with others, and participation in the community. All interventions are relevant, goal-based, and purposefully planned to meet individual needs.

GRANT-FUNDED OPPORTUNITY PROVIDED BY:



Contact us for more information  
**603-862-6174**

Tye.Thompson@UNH.edu



"This program has given me hope that I could experience joy again, both in what I do alone and what I do with my family.

It has introduced me to new hobbies, given me new skills, and shown me ways that I can participate in my life again instead of feeling like a bystander."

-NEP PATH Veteran Participant

 University of New Hampshire

[NEPassage.org/recreational-therapy](http://NEPassage.org/recreational-therapy)



## RECREATIONAL THERAPY FOR VETERANS

A 1:1 recreational therapy (RT) program supporting veteran health.

Example focus areas include:

- Identifying personal values, interests, and strengths
- Learning about resources and opportunities in your community
- Exploring adaptations for accommodating disability in recreation contexts
- Addressing needs for meaningful participation & connection in community



## HEALTH CARE PROVIDER REFERRAL PROCESS:

- UNITE US NH
- Call/email for further information

"Eligible veterans live within 1.5 hrs of our Durham office."

Contact us for more information

**603-862-6174**

Tye.Thompson@UNH.edu





CARROLL COUNTY COALITION  
FOR PUBLIC HEALTH  
An Initiative of Granite United Way

Carroll County Youth Substance  
Misuse Prevention Subcommittee:

# MILITARY CULTURE: THE BASICS



Join us for a special presentation to learn about the basics of military culture. This one-hour presentation from the Military Liaison Psychotherapist at Greater Manchester Mental Health Center will provide the learner with valuable information about the impact of being in a military connected family, on children. The discussion will include the importance of identifying military-connected youth, as well as culturally appropriate considerations and resources when working with this population.

## WHO SHOULD ATTEND:

We invite teachers, school staff, counselors, social workers, childcare providers, and anyone who works with children to attend this presentation.

## WHEN:



Tuesday, September 17



12pm - 1pm



Via Zoom

**REGISTER NOW:**

<https://tinyurl.com/2b458dhv>



**PRESENTED BY:**

**Tracie Parker, LICSW**



The Mental Health Center  
of Greater Manchester



The Seacoast Veterans Conference Committee  
and Service CU Impact Foundation are proud to present



The 12<sup>th</sup> Annual  
**SEACOAST VETERANS  
CONFERENCE**

**Navigating the Seas of Change**

Saturday, September 21, 2024 • 8:00 a.m. – 2:00 p.m.  
Service Credit Union, 3003 Lafayette Road Portsmouth, NH

Join us for a day dedicated to educating veterans on resources  
to better their health and well-being.

**To register visit [seacoastveteransconference.com](https://seacoastveteransconference.com) or  
contact Sarah Kuhl: [skuhl@servicecu.org](mailto:skuhl@servicecu.org) (603) 422-7829**

**Coffee, light refreshments and lunch provided.**  
*Bring your DD214 for VA Health Care Enrollment with VA Benefits Expert*







# Vote in Honor of a Veteran



**Veterans and service members protect our most precious freedom - the right to vote.**

Honor their sacrifice by participating in the New Hampshire Secretary of State's "Vote in Honor of a Veteran" program.

To participate in the program, scan the code below to submit the name of the Veteran or service member you are voting in honor of and a short testimonial on what their service means to you. In exchange, the Secretary of State's Office will mail you a "Vote in Honor of a Veteran" lapel pin designed by Navy Veteran Jacob Aldridge that you can wear proudly on Election Day.

Visit [www.sos.nh.gov/vote-honor-veteran](http://www.sos.nh.gov/vote-honor-veteran) or scan the code to submit your testimony and receive a pin.



**New Hampshire Secretary of State**

David M. Scanlan