



Carroll County Veterans Coalition

Minutes

July 23, 2024

Tri-County CAP in Tamworth

or

Zoom Link: <https://us02web.zoom.us/j/83587573574>

1. Round table introductions

a. Name, organization, role

Name	Role/Organization	Contact Info
Jennifer Walton	Active-duty retired Navy Veteran, Ossipee VFW Post 8270	<a href="mailto:jendelion@gmail.com">jendelion@gmail.com</a>
Stephanie Higgs	Mental health therapist at Easterseals Veterans Count	603-315-2460 <a href="mailto:shiggs@eastersealsnh.org">shiggs@eastersealsnh.org</a>
Donald Olsen	Clinical Director at TERRA Equine Therapy Center	603-696-5370 <a href="mailto:dolsen@terraetc.org">dolsen@terraetc.org</a>
Alexandra Baer	Training Specialist for SSG Fox SPGP at Harbor Care	<a href="mailto:a.baer@harborcarenh.org">a.baer@harborcarenh.org</a>
Mark Detering	Board of Directors for Building Dreams for Marines	<a href="https://bdfm.org/">https://bdfm.org/</a>
Soyla Hernandez	Community Health Worker at C3PH	<a href="mailto:Soyla.hernandez@graniteuw.org">Soyla.hernandez@graniteuw.org</a>
Jen Thomas	Substance Misuse Prevention Coordinator at C3PH	<a href="mailto:Jennifer.thomas@graniteuw.org">Jennifer.thomas@graniteuw.org</a>
Emily McArdle	Young Adult Outreach at C3PH	<a href="mailto:U25carrollcounty@outlook.com">U25carrollcounty@outlook.com</a>



2. Introduce Building Dreams for Marines- [Home | Building Dreams for Marines \(bdfm.org\)](#)
  - a. Mark Detering- Board of Directors for Building Dreams for Marines
  - b. Building Dreams for Marines assists veterans from any branch of service (not just Marines) who have mobility challenges with life-enhancing modifications to their homes or vehicles at no cost to them. Assists with the planning, design, and construction of modifications/home improvements (e.g. interior and exterior ramps, widening of doorways/hallways, grab bars, etc.) and vehicle modifications including making controls hand-operated
  - c. Qualifications: Veterans of any branch of service as long as they were honorably discharged, have a physically limiting condition (does not have to be as a result from a combat role), and must be a NH resident that owns the property to be modified. They ask veterans for their DD214 and ask them to complete the VA HISA application in case that can provide more funding (but veterans do not have to be VA eligible).
  - d. Process: Fill out the application on the website, committee reviews and visits, and once accepted it's passed to the projects team who can find a contractor and work out the details (or the veteran can also choose their own contractor).
  - e. How can CCVC support Building Dreams for Marines- Spread the word with service clubs, contractors, and building supply



organizations. Mark can do a presentation for organizations that help seniors or service organizations (Meals on Wheels, Kiwanis, etc.).

Mark is already connected to Conway Meals on Wheels, Cranmore, the Fire Department, and a contractor in Freedom and will be in Gorham in August to connect with North Country Vets.

- f. Jen T. can connect him with the local sports adaptation organization in Conway and will send out the one-page summary of Building Dreams for Marines in the minutes and share it with the Gibson Center, VNA, and Adult Day Center.
3. Letter to the NH Dental Hygienist Board
    - a. Thoughts?
    - b. Reach out to Jen T. if you have any thoughts/ideas, it will be sent out again with the minutes.
  4. August 1<sup>st</sup> Governors Challenge NH SPC coalition discussion
    - a. Who would like to attend?
    - b. Jen T. will be there on August 1, if anyone like to attend let Jen T. know
    - c. Stephanie will be going
  5. Free BBQ/Resource Fair
    - a. Saturday August 17, 2024
    - b. Moultonborough Lion's Club
      - i. Old Route 109, Moultonborough
      - ii. Any community partners welcome to table



1. Indoor and outdoor
  - c. For service members, veterans and their families
  - d. Goal is to provide resources and networking opportunities
  - e. Light BBQ served
  - f. Register here or see flyer: Jen will send flyer out again with minutes
    - i. <https://forms.gle/co4mX2G31c48qRS19>
  - g. Please help spread the word!
6. VA SAVE and CALM training
  - a. Tentative date of October 18<sup>th</sup>, 2024, at King Pine Ski Lodge
  - b. Food served
  - c. Free to all!
  - d. Registration information shared after details confirmed with venue
7. Discussion with DOE
  - a. Identifying military families and youth
  - b. Waiting to hear back about what they do for identification- Up to each school/district. Military Interstate Children's Compact Commission tracks active-duty families- DOE is supposed to have a seat on that.
  - c. Any ideas/input?
    - i. Stephanie- Finds it a little disheartening that the DOE isn't sure what they do for identification, since they did so much work with schools with the Ask the Question campaign (had gone to school districts and schools and talked to them across NH).



[DMAVS website](#) still has the Ask the Question materials with a school system resource list- that will also be updated soon.

1. [Ask the Question- Children's Services and School Systems](#)

2. [Ask the Question Provider Resource List](#)

- ii. Jen W.- Idea to identify families/children by going through the National Guard, etc. and asking them if they have children in the public schools- Jen T. will reach out to the Family Support at the National Guard.
- iii. Alexandra- Also having issues with this, Milford school district is interested in suicide prevention training and having discussion about identifying which staff are veterans or linked to veterans, said they would bring up the Ask the Question campaign.
- iv. Consensus that more work needs to be done with schools, identifying students, and the Ask the Question campaign- Maybe start with reaching out to Superintendents?

8. Incoming funding

- a. Deliverables

9. Community partners

- a. Updates, Activities, Input or Ideas needed?
- b. Donnie- TERRA will be having a BBQ Fundraiser on August 10.

Tickets are on sale now, getting community partners together, there



will be demonstrations with the horses and patients, feel free to reach out if you or anyone you know would like to attend. See flyer below and Donnie will send a PDF to send out with the minutes.

- c. Alexandra- Harbor Care will be doing their Stand Down on September 20 in Manchester (exact location to be determined), more info coming soon. Scheduled another training with Carroll County Adult Education in November.
  - d. Jen T.- Military Culture: The Basics training during the Youth Substance Misuse Prevention Subcommittee- Free training on September 17, 12-1pm via Zoom. See flyer below, Jen will send out the flyer/invite to register with the minutes, let anyone know who may be interested (youth serving organizations, schools, etc.).
10. Review of provider reach out plan – see logic model below
- a. Thoughts or ideas on how to improve
11. Resources/Events
- a. Transportation Resource Directory for NH
    - i. [Home - Keep NH Moving](#)
  - b. Annual Summit Salute
    - i. July 21, 2024 1400 till sunset
    - ii. Base of Mount Washington
    - iii. 10\$
    - iv. Call Al or Kate Duncan at 603.915.6867 or 603.9151246
    - v. Volunteers for Veterans, Inc.



- vi. Register at <https://bit.ly/Summit-Salute2024> or [www.mt-washington.com/summit-salute/](http://www.mt-washington.com/summit-salute/)
  - c. Check out and follow [CCVC on Facebook](#)
    - i. Activities around the state shared
  - d. Check out [www.carrollcountyveteranscoalition.org](http://www.carrollcountyveteranscoalition.org)
    - i. More resources and other additions
12. Close and thank you
- a. Note:
    - i. I have tons of resources on PTSD/suicide prevention!
    - ii. Please ask me before you order, I accidentally ordered too much!
  - b. Should we make the next meeting the BBQ on August 17?
  - c. Or the next regularly scheduled meeting will be on August 27.



# Vote in Honor of a Veteran



**Veterans and service members protect our most precious freedom - the right to vote.**

Honor their sacrifice by participating in the New Hampshire Secretary of State's "Vote in Honor of a Veteran" program.

To participate in the program, scan the code below to submit the name of the Veteran or service member you are voting in honor of and a short testimonial on what their service means to you. In exchange, the Secretary of State's Office will mail you a "Vote in Honor of a Veteran" lapel pin designed by Navy Veteran Jacob Aldridge that you can wear proudly on Election Day.

Visit [www.sos.nh.gov/vote-honor-veteran](http://www.sos.nh.gov/vote-honor-veteran) or scan the code to submit your testimony and receive a pin.



**New Hampshire Secretary of State**

David M. Scanlan





CARROLL COUNTY COALITION  
FOR PUBLIC HEALTH  
An Initiative of Granite United Way

Carroll County Youth Substance  
Misuse Prevention Subcommittee:

# MILITARY CULTURE: THE BASICS



Join us for a special presentation to learn about the basics of military culture. This one-hour presentation from the Military Liaison Psychotherapist at Greater Manchester Mental Health Center will provide the learner with valuable information about the impact of being in a military connected family, on children. The discussion will include the importance of identifying military-connected youth, as well as culturally appropriate considerations and resources when working with this population.

## WHO SHOULD ATTEND:

We invite teachers, school staff, counselors, social workers, childcare providers, and anyone who works with children to attend this presentation.

## WHEN:



Tuesday, September 17



12pm - 1pm



Via Zoom

**REGISTER NOW:**

<https://tinyurl.com/2b458dhv>



**PRESENTED BY:**

**Tracie Parker, MSW**



The Mental Health Center  
of Greater Manchester



## **Veterans Benefits Administration (VBA) PACT Act Claims Clinic for all Veterans and Survivors**

### **Hosted by the Conway VA Clinic**

**Date:** Tuesday, August 20, 2024  
**Location:** Conway VA Clinic  
71 Hobbs Street  
Third Floor  
Conway, NH 03818  
**Time:** 9:00 a.m. to Noon  
and  
12:30 p.m. to 2:30 p.m.

**VBA can assist with the following: service connection claims,  
updates, questions, evidence submissions,  
letters of intent, PACT Act questions,  
and benefit program questions.**

This event is walk in only, no appointments scheduled.  
Please call Lindsay Pratt-Bluemle, LCSW  
with questions at 603-624-4366 extension 5320.



To register for an appointment in the future, please contact  
your VA Social Worker at 603-624-4366 ext. 5320.



U.S. Department  
of Veterans Affairs



**SUMMER**

# **BBQ**

**AND**

# **RESOURCE FAIR**



Join the Carroll County Veterans Coalition for a **FREE** light BBQ! We welcome all service members, veterans, their families, and community partners to join us for an informal get-together to explore the resources available in the community and network with other community partners. Community partners are welcome to table and bring a tent to set up outside (limited indoor space is also available). Come enjoy great food and non-alcoholic drinks, connect with fellow community members, and discover valuable resources!



**Date:** Saturday, August 17, 2024

**Time:** 1000 - 1400 hours

**Location:** Lions Club of Moultonborough  
139 Old Route 109  
Moultonborough, NH 03254

**REGISTER NOW:**



This is a rain-or-shine event with indoor and outdoor options and a capacity of up to 100 people. Indoor space limited- first come, first served until filled. No exchange of money on site.  
FMI: [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org) 603-301-1252 ext. 305

Or go to:  
<https://tinyurl.com/hv92ybds>



# Pollinator Paradise

## Creating and Maintaining Healthy Bees & Habitats

**Registration Required:**  
call 603-624-4366 ext. 5044 to sign-up!



**Join us for a buzz-worthy event!**

(Lunch provided)

**July 25, 2024**

**8:30 a.m. to 4:00 p.m.**

**Manchester VA Medical Center  
718 Smyth Road, Manchester, NH**



Time	Medical Center Solarium - Basement Level
8:30 a.m.	Check-in / Welcome Remarks
9:30 - 10:45 a.m.	Why We Need Pollinators - Catherine Coverdale, Xerces Society
11:15 a.m. - 12:30 p.m.	Bee Sustainability and Forage - Eric Fuchs-Stengel, NCAT
1:30 - 2:30 p.m.	Break-Out Session Cultivating a Pollinator Garden or Exploring the Honey Bee Hive
2:30 - 3:30 p.m.	Break-Out Session Cultivating a Pollinator Garden or Exploring the Honey Bee Hive
3:40 - 4:00 p.m.	Closing Remarks and Evaluations

**This training is supported by USDA NIFA's AgVets program.**



**BBQ Fundraiser**  
to benefit  
TERRA Equine  
Therapy Center

**Join TERRA on Saturday, August 10<sup>th</sup>, 12-4pm!**



- Bid in our Silent Auction
- Activities for Youth and Adults
- Live Equine Demonstrations
- Meet our 14 Horses
- Presentations by TERRA clients
- BBQ Lunch by Mac's BBQ

To purchase tickets, please visit:

[www.terraetc.org/fundraiser](http://www.terraetc.org/fundraiser)



**ABOUT US:**

TERRA Equine Therapy Center is a 501(c)(3) non-profit organization that provides high-quality equine-assisted services to our community. As a PATH International Member Center, we adhere to the highest standards of safety and quality in our industry. Our riding and horsemanship programs are overseen by Certified Therapeutic Riding Instructors and our equine-assisted learning programs are designed and supervised by a medical doctor and a clinical psychologist. For more information, visit us at [www.terraetc.org](http://www.terraetc.org)