

# Carroll County Veterans Coalition

## Agenda

January 23, 2024 1000 hrs.



Name	Organization	Title	Email	Phone
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Selwa Yatim-Badra	Summit Behavioral Healthcare, LLC; Tactical Recovery Program	National Veterans Services Coordinator	<a href="mailto:Selwa.yatim-badra@summitbhc.com">Selwa.yatim-badra@summitbhc.com</a>	602.565.6572
Nicole Frisella	Manchester VA MC	Coordinated Entry Specialist	<a href="mailto:Nicole.frisella@va.gov">Nicole.frisella@va.gov</a>	603.657.4499
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Megan Frost	Care Coordination Program of NH	Care Coordinator	<a href="mailto:Mfrost@asrcfederal.com">Mfrost@asrcfederal.com</a>	603.573.1748
Mark Allen	Ossipee VFW Post 8270			
Jen Walton	Ossipee VFW Post 8270			
Gary Bent	Service Link	Veteran Case Manager	<a href="mailto:gbent@PPHNV.org">gbent@PPHNV.org</a>	
Jen Thomas	C3PH	Suicide and Substance Misuse Prevention Coordinator	<a href="mailto:jennifer.thomas@graniteuw.org">jennifer.thomas@graniteuw.org</a>	603.515.6544

1. Introductions
  - a. Name, organization, branch of service
2. Logo!
  - a. What do you think?
  - b. Should we switch the words around?
    - i. The words will be switched!
3. Resource list
  - a. Coming along well
    - i. Pull up on screen
    - ii. Other ideas to add?
      1. None iterated
  - b. Adding veteran friendly buisness
    - i. Lists or ideas where to find?
      1. Will use Amy Cooks's DMAVS link below
      2. Jen will compile while reaching out
        - a. Developing a survey for employers to determine veteran/military employment and discounts and barriers etc.
    - ii. From Amy Cook – Working on compiling Veteran Friendly Buisness. Please refer any VFBS to this website to apply and/or use this list for reference:
      1. <https://www.dmavs.nh.gov/nh-businesses-currently-recognized-veteran-friendly-practices>
  - c. Format?
4. CCVC web page
  - a. Started and improving everyday
  - b. Pull up on screen
5. All state web page
  - a. No updates
6. Visiting Providers Plan of Action

- a. What bringing
  - b. Needs survey?
    - i. Resource list
    - ii. Needs survey
  - c. Aiming for March/April to start
7. Other veteran coalition updates/information
- a. LRVC- military culture trainings
    - i. Maybe we can think about doing something like this
      - 1. Asses what partners need
      - 2. Design a training/PowerPoint?
    - ii. Selwa has a contact with PsychArmor that might provide a military culture training.
      - 1. Put in contact with Jen
8. Newspaper template/posting challenges
- a. What to put on there?
    - i. Maybe just a monthly newsletter?
  - b. How to get the information to put on there?
    - i. Monthly/established activities
    - ii. Discounts from businesses?
    - iii. Special events?
9. Lunch and Learn possibilities
- a. For veterans/military families?
  - b. Or for organizations that work with veterans and families?
10. Sustainability funding
- a. PPH applied for grant
  - b. Look into other grants
  - c. Merchandise store
    - i. [Spreadshirt Print on Demand Platform | Spreadshirt](#)
    - ii. Have started to get this up and running
    - iii. Waiting to hear more details on logistics of fundraising
11. Develop a needs assessment for providers, schools and businesses

- a. What is important to add?
  - b. Jen will work on this overtime
12. Forge VFR
- a. Should we think about bringing this in?
13. Swim With A Mission - [SWAM](#)
- a. Great resources and events
  - b. VSO Summit in April
    - i. CCVC is signed up
  - c. Discussion with Phil Taub
  - d. July 13<sup>th</sup> Open Water Swim
  - e. We've Got Your Six Radio
    - i. Sundays 0900- 1000 hrs
14. Brainstorm ideas for our CCVC summit
- a. Date - May?
  - b. Location?
    - i. Suggestions
      - 1. Burnt Timber Brewing & Tavern – Wolfeboro
      - 2. Adult Day Center
      - 3. Public House- Tamworth
    - ii. Jen will start prioritizing looking for a location and then decide on a date
  - c. Resources/partners?
    - i. **If anyone is interested in tabeling, please let me know!**
  - d. Food?
  - e. Budget?
    - i. ~ \$4000.00
  - f. Presenters and/or Workshops? With Questions?
    - i. Possible Workshop/breakout rooms. Thoughts or ideas? IE:
      - 1. Medical/behavioral health provider panel?
        - a. Initial interaction/Ask the Question
        - b. Follow up/follow through
        - c. Referring out

- d. VA collaboration for care
- e. How support each other better

2. School/educator panel?

- a. Knowledge
- b. Barriers
- c. Impact
- d. Collaborating with youth

3. Activities and Fundraising panel?

- a. How support more?
- b. How to increase participation
- c. How to collaborate to increase awareness and connections

15. Need more involvement

- a. Ideas?
- b. How do we spread the word?
- c. Discuss having a board
  - i. Jen would like to do this, or a steering committee. We need about 4 people. There will be a commitment of 2 hours per month with occasional email/phone follow ups. Who is interested?

16. Close

- a. Please note:
  - i. Delete old Zoom invite due to an unfortunate breach
  - ii. Creating a new one, coming soon, please keep an eye out!
- b. Thank you!
- c. Please reach out with any questions or ideas, anytime!
  - i. [jennifer.thomas@graniteuw.org](mailto:jennifer.thomas@graniteuw.org)
- d. Next meeting
  - i. February 27<sup>th</sup>, 2024
  - ii. If bad weather is imminent, it will be 100% by Zoom
    - 1. Will be decided in the morning, the day of with an email follow up.

